



# i-Buddy Times

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## Word of the Day — Empower

i-SAFE is a program designed to teach YOU how to be safe online. Listen to i-Buddy and you will learn how to protect yourself on the Internet. i-Buddy wants to Empower you. Being empowered means that you have **power** and **knowledge**. When you are empowered by i-SAFE, you can make the right choices online and help teach others to do the same.

Some kids are showing their power by putting up posters to tell others how to stay safe online!



i-SAFE poster from Kentucky

### Remember the Five FBI tips!!!

Never give out personal information.

Never write to someone who makes you feel uncomfortable, even if you know who they are.

Never meet someone or have them visit without your parent's permission.

Tell a trusted adult right away if you read or see anything on the Internet that makes you feel uncomfortable.

Remember that people online may not be who they say they are.

**Cyber Smart**  
=  
**Cyber Safe**

## Can You Help i-Buddy Unscramble These Words?



FAES

NIRETTEN

PECOTMUR

RUISV

PELH

NIONEL

Y

1 2 3

4 3 5 6

!

7 8 9 10 11 12

## i-SAFE America



Surf Safely Online with i-Buddy

Share your i-Buddy creation with kids your age around the country. Draw an i-Buddy picture and submit to your teacher. Your drawing might be featured in this newsletter or on the i-SAFE website. Your teacher can send in your picture to:

i-SAFE America  
C/O Curriculum Dept.— i-Buddy drawing  
5963 La Place Court #309  
Carlsbad, CA  
92008

So Get Creative and Get Started Now!!!

## Keeping Your Computer Healthy

Your computer can get sick just like you. It can get a Virus. A Virus is a bad computer program. This program can cause your computer to stop working. To keep your computer from getting sick — Follow these i-Buddy tips. Never open email without an adult's permission.

Don't click on websites or links you shouldn't go to—ask permission.

Don't download games or pictures off the Internet. Ask permission.

Do you see a common theme here ? i-Buddy says always ask for permission or help when online. Let an adult help you make those decisions!



### Computer Jokes

Got a Joke? - Send it in!!!

**Why did the computer cross the road?**

To get a byte to eat.

**Where do cool mice live?**

In mousepads.

**Why did the computer get glasses?**

To improve its websight.

**What do you call a computer superhero?**

A Screen Saver.